

ThinkBook 14 G7 IML

Boost productivity, enhance collaboration, and stay secure with the unparalleled features of this notebook designed to meet the diverse needs of finance professionals working on the go. Powered by up to Intel® U or H Series Core™ Ultra 7 Processor, it ensures seamless multitasking, handling complex computations effortlessly. The 14" display boasts a 2.8K resolution, 400 nits brightness, and Eyesafe certification, making it ideal for designers, analysts, and content creators who require precision and accurate color representation.



Redefining possibilities with powerful performance and groundbreaking on-device AI

ThinkBook combines the style and user experience of consumer devices with the security and business-class support of ThinkPad.

It comes with a variety of ports, including USB-A, USB-C, HDMI, USB 4, and Thunderbolt 4, ensuring compatibility with a wide range of devices. Wi-Fi 6E and Ethernet connectivity cater to professionals in fields such as sales and marketing who rely on video conferencing and high-speed internet for effective collaboration.

Optional Intel vPro enhances security and remote management capabilities, meeting the stringent requirements of IT administrators and cybersecurity experts. TPM 2.0, optional fingerprint reader, and IR camera provide robust security, essential for legal teams handling sensitive information.

Weighing in at 1.38 kg, it is a lightweight companion for the modern professional. Slip it into a bag effortlessly, and hardly notice the difference, making it the ideal choice for those who are always on the move.

Lenovo Services

Lenovo delivers tailored sustainability services, devices, and infrastructure solutions from our broad portfolio, working closely with you to support your target outcomes across the IT lifecycle..



Accessories

Lenovo Wireless Stereo Headset

- 60-hour music playback with quick-charge convenience
- Intuitive on-ear buttons and flip microphone
- Dual-device pairing with Bluetooth® 5.3 reliability



PN: Part Numbers (PN) Headset: 4XD1Q30302 Earcups: 4XD1M80021

Lenovo Essential Wireless Combo Keyboard & Mouse Gen 2

- Embrace the freedom of a clutter-free and cable-free work setup.
- Ergonomically sculpted cups and low-profile island keys for maximum comfort.
- A 2.4 MHz receiver for a seamless keyboard and mouse connection.



PN: 4X31N50708 – 4X31N50757

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Performance

Processor Intel U or H Series Core Ultra 5 / 7 Processor (Series 1)
AI PC Category* AI PC
Operating System* Windows 11 Pro or Home
NPU* Integrated Intel AI Boost, up to 11 TOPS
Graphics Intel Graphics (integrated) Intel Arc Graphics (integrated)
Memory Up to 64GB DDR5-5600, 2x SODIMM
Storage Up to two M.2 PCIe NVMe SSD M.2 2280 SSD up to 2TB each
Audio* High Definition (HD) Audio Stereo speakers, 2W x2, Dolby Audio Dual-microphone array with smart noise-cancelling
Camera* HD 720p, with privacy shutter FHD 1080p, with privacy shutter FHD 1080p + IR hybrid, with privacy shutter
Battery 45Wh (up to 6.5 hr) battery, Rapid Charge Pro 60Wh (up to 9.22 hr) battery, Rapid Charge
Power Adapter* 65W USB-C adapter, PD 3.0 65W USB-C slim adapter, PD 3.0 100W USB-C slim adapter, PD 3.0
Design
Display 14" WUXGA (1920x1200) IPS Anti-glare 16:10 - 300nits, 45% NTSC, 60Hz - 300nits, 45% NTSC, 60Hz, touch - 300nits, 100% sRGB, 60Hz 14" 2.8K (2880x1800) IPS Anti-glare 16:10 - 400nits, 100% sRGB, 120Hz

Screen-to-Body Ratio 90%
Keyboard 6-row, spill-resistant, Copilot key, optional backlight
Touchpad Mylar surface touchpad 75 x 120 mm (2.95 x 4.72 inches)
Dimensions Models with aluminium (top) and aluminium (bottom) 313.5 x 224 x 16.9 mm (12.34 x 8.82 x 0.67 inches) Models with aluminium (top) and PC-ABS (bottom) 313.5 x 224 x 17.6 mm (12.34 x 8.82 x 0.69 inches)
Weight Models with aluminium (top) and aluminium (bottom) Starting at 1.38 kg (3.04 lbs) Models with aluminium (top) and PC-ABS (bottom) Starting at 1.36 kg (2.99 lbs)
Color Arctic grey, dual-tone design
Case material Aluminium (top), aluminium (bottom) Aluminium (top), PC-ABS (bottom)
Special Features Modern Standby
Connectivity
Ethernet* Gigabit onboard Ethernet
WLAN + Bluetooth* 802.11ax (Wi-Fi 6 or Wi-Fi 6E), Bluetooth 5.2 or 5.3 Up to Intel Wi-Fi 6E AX211, Bluetooth 5.3
Ports 1x USB-A (USB 5Gbps / USB 3.2 Gen 1) 1x USB-A (USB 5Gbps / USB 3.2 Gen 1), Always On 1x USB-C (USB 10Gbps / USB 3.2 Gen 2), with USB PD 3.0 & DP 1.4 1x USB-C (Thunderbolt 4 / USB4 40Gbps), with USB PD 3.0 & DP 2.1 1x HDMI 2.1, up to 4K/60Hz 1x SD card reader 1x Ethernet (RJ-45) 1x Headphone / microphone combo jack (3.5mm)
Docking Docking support via Thunderbolt or USB-C

Security & Privacy

Security Firmware TPM 2.0 Kensington Nano Security Slot Touch style MOC fingerprint reader on smart power button* Camera privacy shutter IR camera for Windows Hello (facial recognition)*
Manageability
System Management* Intel vPro Essential*

Environmental

Material 25% PCC recycled plastic used in the battery pack enclosure 50% PCC recycled plastic used in key caps 30% PCC recycled plastic used in speaker 90% PCC recycled plastic used in standard 65W adapter 97% recycled content in PIC cushion 90% recycled content in OBP bag FSC certified content in carton box
Certifications
Green Certifications ENERGY STAR 9.0 EPEAT Gold Registered ErP Lot 6/26 TCO Certified 9.0 RoHS compliant
Other Certifications TÜV Rheinland Low Blue Light (Hardware Solution)* TÜV Rheinland Low Blue Light (Software Solution)* Eyesafe Certified 2.0* MIL-STD-810H

Items with * are optional and only available on selected models. Information presented here may represent the maximum possible configurations for this product, but it does not necessarily reflect what is available in your region. Please ask your rep or check the specifications for specific Part Numbers in your region. © 2026 Lenovo. Products are available while supplies last. Lenovo is not responsible for photographic or typographic errors. Lenovo, the Lenovo logo, ThinkPad, ThinkCentre, ThinkBook, ThinkStation and ThinkVision are trademarks or registered trademarks of Lenovo. 3rd party product and service names may be trademarks of others. Depending on factors such as the processing capability of peripheral devices, file attributes, system configuration and operating environments, the actual data transfer rate of USB connectors will vary and is typically slower than published standards.