

ThinkPad T14 Gen 6 (Intel)

Empowering business professionals to seamlessly manage complex projects on the go, this next-generation ThinkPad, powered by Intel® V, U, or H Series Core Ultra 5/7 processors, delivers exceptional performance. With the integration of Copilot+ PC, the laptop optimizes system performance, ensuring a smooth and intuitive user experience. It intelligently manages system resources, keeping the laptop responsive and minimizing slowdowns. Configured with up to 64GB of DDR5-6400 memory, it significantly enhances overall system responsiveness, enabling faster data transfers and more efficient multitasking. Additionally, equipped with up to 2TB of M.2 2280 SSD storage, this laptop provides remarkable speed and ample space, allowing you to easily store large volumes of data, documents, and files.



Redefining possibilities with powerful performance and groundbreaking on-device AI

ThinkPad T series laptops offer professional-grade durability, powerful performance with good processors, ample memory, and fast SSD storage. They feature robust security features and long battery life for productivity on-the-go.

The 2W dual Dolby Audio™ stereo speakers deliver rich, immersive sound quality, perfect for crisp video conferencing and impactful multimedia presentations on the go. Optional 5.0MP + IR discrete cameras with a built-in privacy shutter ensure crystal-clear video while maintaining security and confidentiality.

Powering long work sessions, the 57Wh rechargeable Li-ion battery supports Rapid Charge technology, enabling users to recharge up to 80% in just an hour, reducing downtime between meetings or while traveling.

The Copilot+ PC experience elevates efficiency with features like Recall for productivity gains, Cocreator for AI-generated images, Live Captions for easier collaboration, and Windows Studio Effects for better videocalls. Plus, by running local AI apps on your device instead of in the cloud, your experience is more personalized, proactive, and protected.

Lenovo Services

Lenovo delivers tailored sustainability services, devices, and infrastructure solutions from our broad portfolio, working closely with you to support your target outcomes across the IT lifecycle..



Accessories

Lenovo Essential Wired Keyboard & Mouse

- USB wired keyboard & mouse combo. Low profile island style keys, LED indicators & adjustable feet
- Spill-resistant keyboard with waterproof membrane to protect from accidental spills
- Mouse with 1000 DPI optical sensor and scroll wheel for precise control



PN: 4X30I79883

Lenovo Go Wireless Vertical Mouse

- 6-button mouse including 2 programmable side buttons and an IR sensor
- True Ergonomic vertical design with a 45-degree vertical grip made from treated cork material
- 800, 1600, 2400 adjustable DPI and 2.4 GHz wireless dongle connection



PN: 4Y51C33792

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Performance

Processor

Intel V Series Core Ultra 5 / 7 Processor (Series 2) - Lunar Lake

Intel U or H Series Core Ultra 5 / 7 Processor (Series 2) - Arrow Lake

AI PC Category*

AI PC (Arrow Lake)

Copilot+ PC (Lunar Lake)

Operating System*

Windows 11 Pro or Home

Fedora or Ubuntu Linux

NPU*

Integrated Intel AI Boost, up to 48 TOPS

Graphics¹

Intel Graphics (integrated)

Intel Arc 130T GPU (integrated)

Intel Arc 140T GPU (integrated)

Intel Arc Graphics 130V (integrated)

Intel Arc Graphics 140V (integrated)

¹Intel Arc graphics only available on select H-series Intel Core Ultra processor powered systems with at least 16GB of system memory in a dual-channel configurations, otherwise it will function as Intel Graphics.

Memory²

Arrow Lake: up to 64GB DDR5-5600, 2x CSODIMM

Lunar Lake: 16GB or 32GB LPDDR5X-8533 MoP

memory, soldered

²The max memory is based on the test results with current Lenovo memory offerings.

Storage³

Up to 1x 2TB M.2 2280 PCIe NVMe SSD

³The storage capacity supported is based on the test results with current Lenovo storage offerings.

Audio*

High Definition (HD) Audio

Stereo speakers, 2W x2, Dolby Audio

Dual-microphone array, 360° far-field, Dolby Voice*

Camera*

5.0MP, with privacy shutter, temporal noise reduction

5.0MP + IR discrete, with privacy shutter, temporal noise reduction

Battery⁴

52.5Wh or 57Wh battery, up to 18.76 hr, Rapid Charge

⁴Battery life claims are approximate maximum. Actual result will vary depending on many factors and the maximum battery capacity will decrease with time and use.

Power Adapter*

65W USB-C adapter, PD 3.0

65W USB-C nano GaN adapter, PD 3.0

65W USB-C slim GaN adapter, PD 3.0

Design

Display⁵

14" WUXGA (1920x1200) IPS Anti-glare 16:10

- 400nits, 45% NTSC, 3M DBEF5

- 400nits, 45% NTSC, on-cell touch, Eyesafe, 3M DBEF5

- 500nits, 100% sRGB, low power, Eyesafe

- 500nits, 100% sRGB, on-cell touch, ThinkPad Privacy Guard

14" 2.8K (2880x1800) OLED AGARAS 16:10

- 500nits, 100% DCI-P3, 120Hz VRR, DisplayHDR True

Black 500, Dolby Vision, Eyesafe, Add-on Film Touch

⁵IPS (in-plane switching) technology may refer to IPS, PLS, ADS, AHVA, AAS.

Screen-to-Body Ratio

85.73%

Keyboard

6-row, spill-resistant, Copilot key, optional backlight

Touchpad

TrackPoint and glass-like Mylar surface 3-button

Trackpad

60 x 115 mm (2.36 x 4.53 inches)

Dimensions⁶

Starting at 315.9 x 223.7 x 10.9/16.13 (front/rear), 21.8

(maximum) mm;

12.44 x 8.81 x 0.43/0.64 (front/rear), 0.86 (maximum)

inches

⁶The system dimensions may vary depending on configurations.

Weight⁷

Starting at 1.38 kg (3.05 lbs)

⁷The system weight is approximate and may vary depending on configurations

Color

Black

Grey

Case material

Black models: PC + 20% CF (top), PC + 20% CF (bottom)

Grey models: aluminium (top), PC + 20% CF (bottom)

Connectivity

Ethernet*

Gigabit onboard Ethernet

WLAN + Bluetooth⁸

Intel Wi-Fi 6E AX211, 802.11ax, Bluetooth 5.3

Intel Wi-Fi 7 BE201, 802.11be, Bluetooth 5.4

⁸Wi-Fi 6E is only enabled on Windows 11 and operates as Wi-Fi 6 with Windows 10.

WWAN*

4G LTE CAT6 with embedded eSIM

4G LTE CAT16 with embedded eSIM

5G Sub-6 GHz with embedded eSIM

NFC

Near Field Communication*

Ports

1x USB-A (USB 5Gbps / USB 3.2 Gen 1)

1x USB-A (USB 5Gbps / USB 3.2 Gen 1), Always On

2x USB-C (Thunderbolt 4 / USB4 40Gbps), with USB P 3.0 & DP 2.1

1x HDMI 2.1, up to 4K/60Hz

1x Headphone / microphone combo jack (3.5mm)

1x Ethernet (RJ-45)

1x Smart card reader*

1x Nano-SIM card slot (WWAN support models)*

Docking

Docking support via Thunderbolt or USB-C

Security & Privacy

Security

ThinkShield

Discrete TPM 2.0

Kensington Nano Security Slot

Smart card reader, supports ISO 7816 and EMV*

Touch style MOC fingerprint reader*

Camera privacy shutter*

IR camera for Windows Hello (facial recognition)*

Privacy Guard with Privacy Alert*

Ultrasonic Human Presence Detection*

Manageability

System Management⁹

Intel vPro Enterprise*

⁹Intel vPro offers a superset of DASH's defined capabilities.