

ThinkPad T14 Gen 6 (Intel)

Empowering business professionals to seamlessly manage complex projects on the go, this next-generation ThinkPad, powered by Intel® V, U, or H Series Core Ultra 5/7 processors, delivers exceptional performance. With the integration of Copilot+ PC, the laptop optimizes system performance, ensuring a smooth and intuitive user experience. It intelligently manages system resources, keeping the laptop responsive and minimizing slowdowns. Configured with up to 64GB of DDR5-6400 memory, it significantly enhances overall system responsiveness, enabling faster data transfers and more efficient multitasking. Additionally, equipped with up to 2TB of M.2 2280 SSD storage, this laptop provides remarkable speed and ample space, allowing you to easily store large volumes of data, documents, and files.



Redefining possibilities with powerful performance and groundbreaking on-device AI

ThinkPad T series laptops offer professional-grade durability, powerful performance with good processors, ample memory, and fast SSD storage. They feature robust security features and long battery life for productivity on-the-go.

The 2W dual Dolby Audio™ stereo speakers deliver rich, immersive sound quality, perfect for crisp video conferencing and impactful multimedia presentations on the go. Optional 5.0MP + IR discrete cameras with a built-in privacy shutter ensure crystal-clear video while maintaining security and confidentiality.

Powering long work sessions, the 57Wh rechargeable Li-ion battery supports Rapid Charge technology, enabling users to recharge up to 80% in just an hour, reducing downtime between meetings or while traveling.

The Copilot+ PC experience elevates efficiency with features like Recall for productivity gains, Cocreator for AI-generated images, Live Captions for easier collaboration, and Windows Studio Effects for better videocalls. Plus, by running local AI apps on your device instead of in the cloud, your experience is more personalized, proactive, and protected.

Lenovo Services

Lenovo delivers tailored sustainability services, devices, and infrastructure solutions from our broad portfolio, working closely with you to support your target outcomes across the IT lifecycle..



Accessories

Lenovo Essential Wired Keyboard & Mouse

- USB wired keyboard & mouse combo. Low profile island style keys, LED indicators & adjustable feet
- Spill-resistant keyboard with waterproof membrane to protect from accidental spills
- Mouse with 1000 DPI optical sensor and scroll wheel for precise control



PN: 4X30I79883

Lenovo Go Wireless Vertical Mouse

- 6-button mouse including 2 programmable side buttons and an IR sensor
- True Ergonomic vertical design with a 45-degree vertical grip made from treated cork material
- 800, 1600, 2400 adjustable DPI and 2.4 GHz wireless dongle connection



PN: 4Y51C33792

ThinkPad T14 Gen 6 (Intel)

Performance

Processor

Intel V Series Core Ultra 5 / 7 Processor (Series 2) - Lunar Lake
Intel U or H Series Core Ultra 5 / 7 Processor (Series 2) - Arrow Lake

AI PC Category*

AI PC (Arrow Lake)
Copilot+ PC (Lunar Lake)

Operating System*

Windows 11 Pro or Home
Fedora or Ubuntu Linux

NPU*

Integrated Intel AI Boost, up to 48 TOPS

Graphics

Intel Graphics (integrated)
Intel Arc 130T GPU (integrated)
Intel Arc 140T GPU (integrated)
Intel Arc Graphics 130V (integrated)
Intel Arc Graphics 140V (integrated)

Memory

Arrow Lake: up to 64GB DDR5-5600, 2x CSODIMM
Lunar Lake: 16GB or 32GB LPDDR5X-8533 MoP memory, soldered

Storage

Up to 1x 2TB M.2 2280 PCIe NVMe SSD

Audio*

High Definition (HD) Audio
Stereo speakers, 2W x2, Dolby Audio
Dual-microphone array, 360° far-field, Dolby Voice*

Camera*

5.0MP, with privacy shutter, temporal noise reduction
5.0MP + IR discrete, with privacy shutter, temporal noise reduction

Battery

52.5Wh or 57Wh battery, up to 18.76 hr, Rapid Charge

Power Adapter*

65W USB-C adapter, PD 3.0
65W USB-C nano GaN adapter, PD 3.0
65W USB-C slim GaN adapter, PD 3.0

Design

Display

14" WUXGA (1920x1200) IPS Anti-glare 16:10
- 400nits, 45% NTSC, 3M DBEF5
- 400nits, 45% NTSC, on-cell touch, Eyesafe, 3M DBEF5
- 500nits, 100% sRGB, low power, Eyesafe
- 500nits, 100% sRGB, on-cell touch, ThinkPad Privacy Guard
14" 2.8K (2880x1800) OLED AGARAS 16:10
- 500nits, 100% DCI-P3, 120Hz VRR, DisplayHDR True Black 500, Dolby Vision, Eyesafe, Add-on Film Touch

Screen-to-Body Ratio

85.73%

Keyboard

6-row, spill-resistant, Copilot key, optional backlight

Touchpad

TrackPoint and glass-like Mylar surface 3-button Trackpad
60 x 115 mm (2.36 x 4.53 inches)

Dimensions

Starting at 315.9 x 223.7 x 10.9/16.13 (front/rear), 21.8 (maximum) mm;
12.44 x 8.81 x 0.43/0.64 (front/rear), 0.86 (maximum) inches

Weight

Starting at 1.38 kg (3.05 lbs)

Color

Black
Grey

Case material

Black models: PC + 20% CF (top), PC + 20% CF (bottom)
Grey models: aluminium (top), PC + 20% CF (bottom)

Connectivity

Ethernet*

Gigabit onboard Ethernet

WLAN + Bluetooth*

Intel Wi-Fi 6E AX211, 802.11ax, Bluetooth 5.3
Intel Wi-Fi 7 BE201, 802.11be, Bluetooth 5.4

WWAN*

4G LTE CAT6 with embedded eSIM
4G LTE CAT16 with embedded eSIM
5G Sub-6 GHz with embedded eSIM

NFC

Near Field Communication*

Ports

1x USB-A (USB 5Gbps / USB 3.2 Gen 1)
1x USB-A (USB 5Gbps / USB 3.2 Gen 1), Always On
2x USB-C (Thunderbolt 4 / USB4 40Gbps), with USB PD 15-65W & DP 2.1
1x HDMI 2.1, up to 4K/60Hz
1x Headphone / microphone combo jack (3.5mm)
1x Ethernet (RJ-45)
1x Smart card reader*
1x Nano-SIM card slot (WWAN support models)*

Docking

Docking support via Thunderbolt / USB-C

Security & Privacy

Security

ThinkShield
Discrete TPM 2.0
Kensington Nano Security Slot
Smart card reader, supports ISO 7816 and EMV*
Touch style MOC fingerprint reader*
Camera privacy shutter*
IR camera for Windows Hello (facial recognition)*
Privacy Guard with Privacy Alert*
Ultrasonic Human Presence Detection*

Manageability

System Management*

Intel vPro Enterprise*

Environmental

Material

30% PCC recycled plastic on black top cover
50% recycled aluminium on grey top cover
48% PCC recycled plastic used in display panel frame
90% recycled magnesium on keyboard frame
48% PCC recycled plastic on bottom cover of WWAN models
30% PCC recycled plastic on bottom cover of non-WWAN models
90% PCC recycled plastic used in speaker enclosure
90% PCC recycled plastic used in the battery frame
85% PCC recycled plastic for backlit keycaps
75% PCC recycled plastic for non-backlit keycaps
65% PCC recycled plastic for keycap frame
90% PCC recycled plastic used in 65W adapters
100% Plastic Free One Lenovo Packaging

Certifications

Green Certifications

ENERGY STAR 9.0
EPEAT Gold Registered
ErP Lot 6/26
TCO Certified, generation 10
RoHS compliant

Other Certifications

Eyesafe Certified 2.0*
MIL-STD-810H

Items with * are optional and only available on selected models. Information presented here may represent the maximum possible configurations for this product, but it does not necessarily reflect what is available in your region. Please ask your rep or check the specifications for specific Part Numbers in your region. © 2026 Lenovo. Products are available while supplies last. Lenovo is not responsible for photographic or typographic errors. Lenovo, the Lenovo logo, ThinkPad, ThinkCentre, ThinkBook, ThinkStation and ThinkVision are trademarks or registered trademarks of Lenovo. 3rd party product and service names may be trademarks of others. Depending on factors such as the processing capability of peripheral devices, file attributes, system configuration and operating environments, the actual data transfer rate of USB connectors will vary and is typically slower than published standards.